

King County shows kids, parents and educators
many simple ways for families to make
environmentally smart and healthy choices.
Visit our Web site for resources, games, fun facts,
tricks and tips for you to reduce your carbon
footprint and green up your home and garden.



www.kingcounty.gov/familyfun

IT'S EASY
BEING GREEN:
LET
KING COUNTY
SHOW YOU
HOW



King County

Department of
Natural Resources and Parks



KIDS Green Challenge

Do you think
You know how
to live a green
and healthy
lifestyle?



King County
Department of
Natural Resources and Parks

QUESTIONS

Answers are on the back

Take the **King County Kids Green Challenge** and receive a cool eco-friendly prize.

- 1) Which of the following items is ok to flush down the toilet?
- a. Toys
 - b. Personal health, hygiene, and/or first aid products
 - c. Medicines
 - d. Hair
 - e. Toilet Paper



- 2) **True or False:** All chemicals from medicines, cleaning products and body products, such as shampoo, cosmetics or lotions break down and disappear.



- 3) **True or False:**

About half of what King County residents throw away is easily recycled.



continued...

QUESTIONS CONTINUED

Answers are on the back

- 4) Which of these activities are NOT allowed when you're hiking on King County's 130 miles of backcountry trail?
- a) Walking
 - b) Picnicking
 - c) Littering
 - d) Taking photos



- 5) **True or False:** Electronics, such as cell phones, computer monitors, TVs and cameras cannot be recycled, and the best place to dispose of them is in the garbage.



- 6) Which of the following contaminants is the hardest to remove and of increasing concern to the health of the Puget Sound?
- a) Trash
 - b) Dirt
 - c) Organic solids
 - d) Bacteria
 - e) Household/personal chemicals



- 7) What are two foods that you can use to clean the bathroom and kitchen with?
- a) Hamburger and fries
 - b) Baking soda and vinegar
 - c) Rice and soy sauce
 - d) Beans and tortillas



- 8) **True or False:** It's better for the environment to wash your car at home instead of taking it to a car wash.



ANSWERS

1) e. Only toilet paper Remember that toilets are not trash cans. Only toilet paper and human waste should be flushed down the toilet. All other items can clog or break the sewer system and harm the environment.

2) False Many chemicals do not breakdown during the wastewater treatment process or in the environment. Choose safe personal and household products and return unwanted medicines to a participating pharmacy. For locations, go to www.medicinereturn.com.

3) True Many of the items thrown in the garbage can easily be recycled, including food scraps, which can be put in your yard waste container.

4) c. Littering Feel free to enjoy walking, picnicking in and taking photos of the beautiful backcountry trails that King County has to offer, but make sure you leave only your footprints. Dispose of your trash in the proper containers.

5) False Electronics can and should be recycled. Nasty chemicals lurk inside those shiny home electronics. It is important to keep electronics out of landfills, where chemicals can leak into the environment and cause pollution. There are many authorized collection sites throughout King County where you can safely dispose of electronics.

6) e. Household/personal chemicals The wastewater treatment process is a natural biological process that is not capable of breaking down 100 percent of medicinal, household and personal chemicals.

7) b. Baking soda and vinegar Baking soda (used to make cookies) is a great scrubber in the sink, tub and toilet. Vinegar (in ketchup and salad dressing) mixed with water is a good window cleaner. These products are not only better for the environment and your family's health than cleaners with harsh chemicals, but are cheaper, too.

8) False Washing a car at home uses an average of 110 gallons of water. This water, combined with soap and oily residues, may travel straight into storm drains and local waterways. Most commercial car washes use 15 to 45 gallons of water per car and don't send their dirty water directly to storm drains.

Available in alternate formats.
206-296-6500 or 711 (TTY Relay)

Fill out your address so we can send you a cool eco-friendly prize. Names and mailing addresses will not be used for commercial purposes. To receive your prize, please have a Parent or Guardian sign below.

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(if UNDER 18 years of age):

Student Signature
(if OVER 18 years of age):



King County
Department of
Natural Resources and Parks

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Seattle, WA 98104-3855

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